

INTERN HOUSING & BENEFITS

TRAVEL TIME: Interns are not required from the end of the Fall Program at the beginning of November until the start of the Spring Program in mid-March—a period of sixteen weeks. It is envisioned that they will use this period to travel. During this period no income can be expected as activity is restricted to winter training.

ACCOMMODATION: Interns will be provided free accommodation in a house on the GMS property which is also used by elite rowers who are part of the High Performance Scullers Program.

MENTORING: Interns will be met on arrival and taken to GMS in New Milford, Connecticut. They will be guided through the Orientation Phase which will include obtaining a Social Security Number, registering for a Connecticut Driving License and opening a US bank account. One of the owners will act as mentor and will provide an additional point of contact for parents/guardians.

MEDICAL AND OTHER INSURANCE: GMS will pay for medical insurance under the International YMCA policy. It is recommended that additional travel and medical insurance is taken out. Interns will be expected to provide their own transport and appropriate insurance if public service is not used.

VISA REQUIREMENTS: GMS is in the process of joining the International Training & Internship Program organized by the International YMCA. This organization is the designated sponsor of the Trainee/Internship Program and students will need to apply for a J1 Visa at the US Embassy in London.

Applicants will need documentation showing they are enrolled at a university or place of further education on their return to the UK or home country. (Other requirements are shown on the International YMCA forms).

Once an applicant has been accepted by GMS the visa process will begin. GMS and the International YMCA will explain the process in detail and will give advice in completing the forms.

Participant Information and Application Instructions can be found at www.internationalymca.org/traingandinternships/sponsor.shtml

Please remember students will be applying for visas under the Internship Program.